

CLASSES AT FAIRCHILD SUPPLY LIST

ALLA PRIMA SERIES: PAINTING THE TROPICAL STILL LIFE

Instructor: Carlos Gallostra

Join us as we capture the summer season with all its brightly colored character represented by still life arrangements of tropical fruits including mangos, coconuts, and limes. In this workshop we will focus on practicing a loose and purposeful manner with your painting style. The workshop, designed for beginners and advanced alike, will help take your paintings to the next level by challenging you to create works in a direct and expressive manner in one sitting. Working from references, the student will simplify complex compositions and develop a painterly reproduction in watercolor, gouache, oil or acrylic paint. Under the guidance of Carlos Gallostra, you will gain a greater comprehension of the media, color theory and design. All levels are welcomed!



BIOGRAPHY:

Carlos Gallostra is a representational artist whose practice has been shaped under numerous celebrated mentors in the U.S. and Italy throughout the years. Carlos holds a B.F.A. from the New World School of the Arts (NWSA) of Miami, as well as an M.F.A. and an M.S. from the Pratt Institute of New York. In addition, he has furthered his studies at various ateliers, academies, and museums throughout the U.S. and abroad. Carlos has collectively taught visual arts for the past 20 years at numerous institutions, including the NWSA, the University of Miami, Florida International University and the Fairchild Botanic Tropical Garden as well as worked privately with many students. Next to crafting his personal work, Carlos takes great joy in imparting ideas, approaches, and helping his students find their voices in the visual arts.



FAIRCHILD TROPICAL BOTANIC GARDEN

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Please note: These are recommendations based on the media (oil, acrylic, watercolor or gouache) of your choice that you wish to work with. Bring what you may have already and supplement with what is needed.

All can be acquired at either Blick Art, Jerry's Artarama, and/or Online.

OIL BASED PIGMENT

Paint Pigment Brand Recommendations: Only at Blick Art: Utrecht, Blick, and Williamsburg. Only at Jerry's: Lukas, Michael Harding. Both at Blick Art and Jerry's: Winsor & Newton, Gamblin, Old Holland.

Cadmium Yellow Medium
Lemon Yellow
Yellow Ochre
Cadmium Red Medium
Alizarin Crimson Red

Ultramarine Blue
Pthalo Blue or Prussian Blue
Pthalo Green
Ivory or Mars Black
Titanium White

Burnt Umber
Raw Umber
Burnt Sienna
Raw Sienna
Magenta

Medium: Walnut Oil or Refined Linseed Oil 75ml

Solvent: Odorless Mineral Spirits – Gamsol 16oz

Containers: Ideal – Steel Airtight Brush Washer container. Alternative – Glass mason jar or glass container with metal spiral for mineral spirits.

Ideal – Steel metal container with lid or a small glass jar (baby food jar) or glass bottle with dropper for linseed oil.

Cleaner: Basic clean up – Detergent/Soap OR Richeson – Jack's Linseed Studio Soap

*****Brushes & tools to be cleaned at home*****

ACRYLIC BASED PIGMENT

Paint Pigment Brand Recommendations: At Blick and/or Jerry's - Utrecht, Winsor & Newton, Liquitex, Golden, Sennelier (only Jerry's) or Lukas (only Jerry's)

Cadmium Yellow Medium
Lemon Yellow
Yellow Ochre
Cadmium Red Medium
Alizarin Crimson Red

Ultramarine Blue
Pthalo Blue or Prussian Blue
Pthalo Green
Ivory or Mars Black
Titanium White

Burnt Umber
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Medium: Acrylic – Retarder (required)
Acrylic – Gloss or Matte Medium (optional)

NOTE: Solvents are not required for acrylic pigments, but you'll need water containers.

GENERAL PAINTING MATERIALS FOR OIL OR ACRYLIC:

Palette Recommendation:

Large Glass palette by New Wave (12x16") in gray is ideal or Disposable Paper Gray Palette – Avoid small sizes. The palette can be kept inside a Mastersons Container (12x16").

Palette Knife: Large 2 to 3" Metal Trowel Style with long narrowed and rounded tip – Style 15 (at Blick) or 30T (at Jerrys)

Brushes: Long Handled Natural Bristle or Synthetic for Oil/Acrylic

Minimum of three Bright or Flat #6, two Round #2, and one Fan #3 – sizes vary by brand, so match closely. Look into brush sets or mix/match. Utrecht Manglon or Utrecht Tuscan are good (at Blick). Creative Mark Pro White Set of 8 is good (at Jerrys). Ultimately, pick brushes that are reasonably sized in accordance to the scale of your painting.

Substrate: Primed stretched canvas or board – any size range starting at 9x12 to 11x14 inches

Towel/Rags: Viva Towels or Comparable

WATERCOLOR PIGMENT:

Watercolor Pigment – Formats: Tubes or Pans. Basic set of 12 or greater. Winsor & Newton, Holbein, Derwent or Sennelier are good choices.

Mediums: Masking fluid to protect paper (optional) Blending medium to extend drying time (optional)

Paper selection – at least 8x10" 140 Hot-pressed paper – smoother surface or Cold-pressed paper – textured surface

Small assorted selection of Round and Flat format brushes – size ranging from 0 to 12.

Small Sponge, Water jar container and a Watercolor palette



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GOUACHE PIGMENT:

Set of Gouche Pigment – Format: Tubes or Pans. Basic set of 6 to 12 or greater.

I found the following brands pleasant to work with – Winsor & Newton Designer, Shinhan Designer, Holbein, Utrecht and/or Lucas. Aim for quality over quantity – you can accomplish much with a limited palette of high-grade pigment. Student grade is good but may not offer the desired coverage power and vibrancy that professional grades can.

Paper selection – at least 8x10” 140 Hot-pressed paper recommended – smoother surface

Small assorted selection of Round and Flat format brushes – size ranging from 0 to 12.

Small Sponge, Water jar container and a Watercolor palette

LAST FEW BITS FOR ANY OF THE MEDIA GROUPS...

HB or lighter lead graphite pencil, eraser, Artists Masking Tape, Sharpener, Ruler and a Supplies Container

Portable Easel Suggestions:

SoHo Brand: Sketch Box Table Easel

Creative Mark Brand: The Van Gogh Wood Table Top Easel

Mabef Brand: Table Easel M-14

