

## CLASSES AT FAIRCHILD SUPPLY LIST

### **ART AFTER HOURS: ALLA PRIMA CHALLENGE – THE IMPRESSIONISTS!**

**Mondays from 5pm to 8pm (3 Hours)**

**Instructor: Carlos Gallostra**

Join us and take on the challenge of completing a painting in one session! Designed for the beginner/intermediate student in mind (age 12+), this workshop will focus on quickly sketching a master copy of floral studies created by 19<sup>th</sup> century artists Monet, Van Gogh, Cassatt and other fellow Impressionists. Under the guidance of Carlos Gallostra, you will be able to paint in a direct and loose manner, while within the same breath, grasp a stronger understanding in principles of design, color theory, and composition. Students may choose to interpret their master copy in a wide range of media, including oil, acrylic, as well as pastel.



### **BIOGRAPHY:**

**Carlos Gallostra** is a representational artist whose practice has been shaped under numerous celebrated mentors in the U.S. and Italy throughout the years. Carlos holds a B.F.A. from the New World School of the Arts (NWSA) of Miami, as well as an M.F.A. and an M.S. from the Pratt Institute of New York. In addition, he has furthered his studies at various ateliers, academies, and museums throughout the U.S. and abroad. Carlos has collectively taught visual arts for the past 20 years at numerous institutions, including the NWSA, the University of Miami, Florida International University and the Fairchild Botanic Tropical Garden as well as worked privately with many students. Next to crafting his personal work, Carlos takes great joy in imparting ideas, approaches, and helping his students find their voices in the visual arts.



FAIRCHILD TROPICAL BOTANIC GARDEN

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#### WORKSHOP MATERIALS

**Please note: These are recommendations based on the media of choice that you wish to work with. This is a two-day workshop – please bring what you have already and supplement with anything needed.**

#### OIL BASED PIGMENT

**Paint Pigment Brand Recommendations:** Utrecht, Blick, Lukas, Winsor & Newton, Gamblin, Old Holland, Sennelier or Michael Harding

Cadmium Yellow Medium  
Lemon Yellow  
Yellow Ochre  
Cadmium Red Medium  
Alizarin Crimson Red  
Titanium White

Ultramarine Blue  
Pthalo Blue or Prussian Blue  
Pthalo Green  
Dioxazine Purple  
Quinacridone Red  
Ivory or Mars Black

Burnt Umber  
Raw Umber  
Burnt Sienna  
Raw Sienna

**Medium:** Walnut Oil or Refined Linseed Oil (avoid Stand Linseed Oil)

**Solvent:** Odorless Mineral Spirits – Odorless Turpenoid or Gamblin Odorless Gamsol

**Cleaner:** Basic clean up – Detergent/Soap OR Richeson – Jack's Linseed Studio Soap  
\*\*\*\*\*Brushes & tools to be cleaned outside of classroom\*\*\*\*\*

Stainless Steel Sealable Brush Washer or comparable container for mineral spirits.  
Small sealable jar meant for medium

**Optional:** Impasto Additive for Oil – Windsor Liquin Impasto or comparable alternative

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#### WATER BASED OIL ALTERNATIVE PIGMENT

For those who require an alternative to oil based pigments, consider water based oil alternative brands such as: **Cobra, Winsor & Newton, Lukas, or Holbein**

**Medium:** Water mixable oil medium – Recommended Winsor & Newton

**Optional:** Impasto Additive for Water Mixable Oil – Royal Talens Cobra Paste or comparable alternative

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**NOTE: Solvents are not required for water-based alternative**

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### **ACRYLIC, GOUACHE, OR WATERCOLOR BASED PIGMENT**

For those aiming to explore alternative to oil based pigments altogether, consider acrylic, gouache, and/or watercolor media. Brands such as: **Golden, Liquitex, Winsor & Newton, Lukas, or Holbein**

#### **Medium:**

**Acrylic – Gloss or Matte Medium (optional)**

**Acrylic – Modeling Paste Extender for Impasto (optional)**

**Acrylic – Retarder (recommended)**

**Gouache or Watercolor – Blending Medium or Gum Arabic (recommended)**

**NOTE: Solvents are not required for these alternative pigments**

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#### **Palette Options:**

- a) Large Clear Plastic/Glass palette (or a picture frame) is highly recommended. It can be self-contained in BLUE OR RED MASTERSON AIR TIGHT SEAL container; please avoid the small palettes and particularly, the yellow palette w/ container! You want a comfortable scale to accommodate all the “math and mixing”!
- b) Large Disposable palette.

**Palette Knife:** 3 inch flexible Metal Trowel Style with narrowed and rounded tip

**Optional:** If you will mainly be applying paint with palette knives, consider investing into additional shapes and sizes – variety provides a variety of marks.

**Brushes:** Long Handled Rounds, Flats, Fans, & Filberts in range of sizes (#2 to #12). Natural Bristle or Synthetic Blend. Look into brush sets or mix/match.

**Surface:** Primed stretched canvas or board – size range starting at 11x14 inches to 16x20 inches

#### **Portable Easel Suggestions:**

SoHo Brand:

Sketch Box Table Easel

Creative Mark Brand:

The Van Gogh Wood Table Top Easel

Mabef Brand:

Table Easel M-14



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### SOFT PASTEL

Soft Pastel: Brands – Conte a Paris, Sennelier, Blick, or Rembrandt (Assorted Colors)

\* Consider pastel sticks, pencils, or combination of both.

Sanded Pastel Paper or Panel

\* Blick Art offers single paper sheets in cream neutral tone. Can be cut to desired sizes.

Drawing Board for Paper – Appropriate to size of drawing(s) expected and to easel, if it will be used to present surface with paper.

Small Sponge Blenders

### A few more things:

Portable box/container for materials

Graphite 2b Pencil

Sharpener

Tombow Mono Zero Eraser (round)

Viva Brand Towels or comparable/rags

Fixative Spray

Knead Eraser

Color Wheel Graph

**Be Happy! Be Cool! Be Comfortable!**  
**Always wear old clothing/apron to class!**

