

CLASSES AT FAIRCHILD SUPPLY LIST

The Golden Hour: Plein Aire Painting & Drawing in the Garden from Sunset to Moonrise **Instructor: Carlos Gallostra**

Experience a refreshingly cooler and quieter perspective from the easternmost tip of Royal Palm Lake as we capture its vistas while the sun sets and the moon rises. Join us as we paint and draw on location during one the most captivating moments of the day. This course is a must for those aiming to advance their skill set and confidence in plein air rendering. This course is suitable for intermediate to advanced levels that wish to explore the garden's surroundings through works in a variety of media, including, but not limited to oil, acrylic, watercolor, ink, and soft pastel.



BIOGRAPHY:

Carlos Gallostra is a representational artist whose practice has been shaped under numerous celebrated mentors in the U.S. and Italy throughout the years. Carlos holds a B.F.A. from the prestigious New World School of the Arts (NWSA) of Miami, as well as an M.F.A. and an M.S. from the Pratt Institute of New York. In addition, he has furthered his studies at various ateliers, academies, and museums throughout the U.S. and abroad. Carlos has collectively taught visual arts for the past 15 years at numerous institutions, including the NWSA, the University of Miami, and the Fairchild Botanic Tropical Garden as well as worked privately with many students. Next to crafting his personal work, Carlos takes great joy in imparting ideas, approaches, and helping his students find their voices in the visual arts.



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WORKSHOP MATERIALS

Please note: These are recommendations based on the media of choice that you wish to work with.

MAIN GOAL: STAY LIGHTWEIGHT AND MOBILE

With respect to your equipment and materials, you want to bring only the essentials to remain as practical and mobile as possible. You want an easy set up and break down.

RECOMMENDED EASELS FOR PAINTING AND DRAWING:

There are many choices based on budget, weight, style, and need. Some plein air easels can house your materials, while others simply present the palette and/or the canvas panel.

Light and compact: Pochade Boxes that use a tri-pod:

- A) Pochade Boxes - About 2 to 5 Ibs EMPTY (Sienna, Guerilla, Strada, New Wave Ugo, & Edgepro)

Tri-pods are generally sold separately from pochade boxes. It is an optional item. Consider lightweight, yet stable styles.

Two alternatives to French Easels and Pochade Boxes:

- B) Tripod Aluminum/Steel Travel Easel – About 2 Ibs (Blick, Alvin Heritage, or Richeson)
C) Wooden Field Easel – About 3 Ibs (Julian, Blick, or Mabef)

Please review more at:

<https://www.dickblick.com/>

<https://www.jerrysartarama.com/>

<https://www.madisonartshop.com/>

No Easel? No problem.

Rather than an easel, use a small drawing board to support the substrate on your legs while sitting.



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In Landscape painting, there is no such thing as a “Perfect Palette”

A limited palette or even a rather closed split-palette of warm and cool primaries along with neutrals is more than enough. In time, you’ll know which additional pigments you want to add to your toolbox. For now, lets keep with the essentials:

OIL BASED PIGMENT

Paint Pigment Brand Recommendations: Utrecht, Blick, Lukas, Winsor & Newton, Gamblin, Old Holland or Michael Harding

Essentials:

Cadmium Yellow Medium	Cadmium Red Medium	Ultramarine or Cobalt Blue
Cerulean Blue	Sap Green	Pthalo Green
Burnt Umber	Raw Umber	Titanium White
Ivory or Mars Black		

You are more than welcomed to add more pigments to this selection.

Medium: Walnut Oil or Refined Linseed Oil inside small sealed container.

Solvent: Odorless Mineral Spirits – Gamsol inside small sealed container.

Cleaner: Basic clean up – Detergent/Soap OR Richeson – Jack’s Linseed Studio Soap
*****Brushes & tools to be cleaned at home*****

WATER BASED ALTERNATIVE PIGMENT

For those who require an alternative to oil based pigments, consider water based alternative brands such as: **Cobra, Winsor & Newton, Lukas, or Holbein**

Medium: Water mixable oil medium – Recommended Winsor & Newton

NOTE: Solvents are not required for water-based alternative



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ACRYLIC, GOUACHE, OR WATERCOLOR BASED PIGMENT

For those aiming to explore alternative to oil based pigments altogether, consider acrylic, gouache, and/or watercolor media. Brands such as: **Golden, Liquitex, Winsor & Newton, Lukas, or Holbein**

Medium:

Acrylic – Gloss or Matte Medium (optional), Retarder (recommended)

Gouache or Watercolor – Blending Medium or Gum Arabic (recommended)

NOTE: Solvents are not required for these alternative pigments

Palette Options:

- a) Small Disposable paper pad
- b) Medium Glass or Wood Palette
- c) Palette already included within your Pochade Box easel

Palette Knife: 3 inch Trowel Style with narrowed and rounded tip

Brushes: Long Handled Rounds, Flats, Fans, & Filberts in range of sizes (#2 to #12). Natural Bristle or Synthetic Blend. Look into brush sets or mix/match. Blick's Utrecht Manglon or Utrecht Tuscan are very good.

Surface: Primed paper or panels – 4x6 or larger. Keep in mind what your easel can display and carry.

SOFT PASTEL

Soft Pastel: Brands – Conte a Paris, Sennelier, Blick, or Rembrandt (Assorted Colors)

* Consider pastel sticks, pencils, or combination of both.

Sanded Pastel Paper or Panel

* Blick Art offers single paper sheets in cream neutral tone. Can be cut to desired sizes.

Drawing Board for Paper – Appropriate to size of drawing(s) expected and to easel, if it will be used to present surface with paper.

Small Sponge Blenders

- Blick Art has these in different sizes/quantities next to the soft pastels

Fixative Spray



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GRAPHITE, CHARCOAL, INK OR COLOR PENCIL

Graphite Set of Pencils 4H to 6B: Brands recommended – Staedtler, Raffine, Caran d’Ache or Faber-Castell

Charcoal – Charcoal Set (vine/ pencil charcoal, white chalk, eraser, stumps, etc.) Brands: Generals, Cretacolor, etc.

Ink – Ink Drawing Pen Set – Brands: Sakura Micron Pen or Copic Multiliner

Color Pencil – Color Pencil Set – Brands: Prismacolor, Faber Castell, or Caran d’Ache

Drawing Paper Pad – Any scale preference

Drawing Board for Paper – Appropriate to size of drawing(s) expected and to easel, if it will be used to present surface with paper.

Mono Zero Eraser Round, Knead Eraser, Fixative Spray, Sandpaper Block (for Graphite and/or Charcoal)

EXTRAS

Viva Brand Towels or comparable/rags

Artist Tape

Latex Gloves (Optional)

Backpack/ Small Cart for transport

Gooseneck Clip-on Reading Light – Optional.

Small Foldable Stool For Sitting – HIGHLY RECOMMENDED!

Small bag for minor materials (can also be used to weigh down tripod)

BRING A HAT, WATER, AND BUG SPRAY!

BE HAPPY! BE COOL! BE COMFORTABLE!

