

## CLASSES AT FAIRCHILD SUPPLY LIST

### **Impressionist Blooms: In the Style of...**

**Instructor: Carlos Gallostra**

Designed for beginners and advanced alike, this workshop challenges students to use the visual language and expressive style of 19<sup>th</sup> century Impressionist artists including Cassatt, Monet, and Van Gogh in their own artworks. During the first part of the workshop, students will begin by reproducing a small master copy of a floral study by an Impressionist artist. Afterwards, students will be encouraged to apply what they learned through the experience towards their own artwork. In the follow up project, students can take advantage of using references from the many blooms nestled throughout our garden. Students may choose to interpret their master copy in a wide range of media, including oil, acrylic, as well as pastel.



### **BIOGRAPHY:**

**Carlos Gallostra** is a representational artist whose practice has been shaped under numerous celebrated mentors in the U.S. and Italy throughout the years. Carlos holds a B.F.A. from the prestigious New World School of the Arts (NWSA) of Miami, as well as an M.F.A. and an M.S. from the Pratt Institute of New York. In addition, he has furthered his studies at various ateliers, academies, and museums throughout the U.S. and abroad. Carlos has collectively taught visual arts for the past 15 years at numerous institutions, including the NWSA, the University of Miami, and the Fairchild Botanic Tropical Garden as well as worked privately with many students. Next to crafting his personal work, Carlos takes great joy in imparting ideas, approaches, and helping his students find their voices in the visual arts.



FAIRCHILD TROPICAL BOTANIC GARDEN

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## WORKSHOP MATERIALS

**Please note: These are recommendations based on the media of choice that you wish to work with.**

### OIL BASED PIGMENT

**Paint Pigment Brand Recommendations:** Utrecht, Blick, Lukas, Winsor & Newton, Gamblin, Old Holland, Sennelier or Michael Harding

**Cadmium Yellow Medium**  
**Lemon Yellow**  
**Yellow Ochre**  
**Cadmium Red Medium**  
**Alizarin Crimson Red**  
**Titanium White**

**Ultramarine Blue**  
**Pthalo Blue or Prussian Blue**  
**Pthalo Green**  
**Dioxazine Purple**  
**Quinacridone Red**  
**Ivory or Mars Black**

**Burnt Umber**  
**Raw Umber**  
**Burnt Sienna**  
**Raw Sienna**

**Medium:** Walnut Oil or Refined Linseed Oil (avoid Stand Linseed Oil)

**Solvent:** Odorless Mineral Spirits – Odorless Turpenoid or Gamblin Odorless Gamsol

**Cleaner:** Basic clean up – Detergent/Soap OR Richeson – Jack's Linseed Studio Soap  
\*\*\*\*\*Brushes & tools to be cleaned outside of classroom\*\*\*\*\*

Stainless Steel Sealable Brush Washer or comparable container for mineral spirits.  
Small sealable jar meant for medium

**Optional:** Impasto Additive for Oil – Windsor Liquin Impasto or comparable alternative

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### WATER BASED OIL ALTERNATIVE PIGMENT

For those who require an alternative to oil based pigments, consider water based oil alternative brands such as: **Cobra, Winsor & Newton, Lukas, or Holbein**

**Medium:** Water mixable oil medium – Recommended Winsor & Newton

**Optional:** Impasto Additive for Water Mixable Oil – Royal Talens Cobra Paste or comparable alternative

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**NOTE:** Solvents are not required for water-based alternative

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### ACRYLIC, GOUACHE, OR WATERCOLOR BASED PIGMENT

For those aiming to explore alternative to oil based pigments altogether, consider acrylic, gouache, and/or watercolor media. Brands such as: **Golden, Liquitex, Winsor & Newton, Lukas, or Holbein**

#### Medium:

Acrylic – Gloss or Matte Medium (optional)

Acrylic – Modeling Paste Extender for Impasto (optional)

Acrylic – Retarder (recommended)

Gouache or Watercolor – Blending Medium or Gum Arabic (recommended)

**NOTE: Solvents are not required for these alternative pigments**

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#### Palette Options:

- a) Large Clear Plastic/Glass palette (or a picture frame) is highly recommended. It can be self-contained in BLUE OR RED MASTERSON AIR TIGHT SEAL container; please avoid the small palettes and particularly, the yellow palette w/ container! You want a comfortable scale to accommodate all the “math and mixing”!
- b) Large Disposable palette.

**Palette Knife:** 3 inch flexible Metal Trowel Style with narrowed and rounded tip

**Optional:** If you will mainly be applying paint with palette knives, consider investing into additional shapes and sizes – variety provides a variety of marks.

**Brushes:** Long Handled Rounds, Flats, Fans, & Filberts in range of sizes (#2 to #12). Natural Bristle or Synthetic Blend. Look into brush sets or mix/match.

**Surface:** Primed stretched canvas or board – size range starting at 11x14 inches to 16x20 inches

#### Portable Easel Suggestions:

SoHo Brand:	Sketch Box Table Easel
Creative Mark Brand:	The Van Gogh Wood Table Top Easel
Mabef Brand:	Table Easel M-14



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### **SOFT PASTEL**

Soft Pastel: Brands – Conte a Paris, Sennelier, Blick, or Rembrandt (Assorted Colors)

\* Consider pastel sticks, pencils, or combination of both.

Sanded Pastel Paper or Panel

\* Blick Art offers single paper sheets in cream neutral tone. Can be cut to desired sizes.

Drawing Board for Paper – Appropriate to size of drawing(s) expected and to easel, if it will be used to present surface with paper.

Small Sponge Blenders

### **A few more things:**

Portable box/container for materials

Graphite 2b Pencil

Sharpener

Tombow Mono Zero Eraser (round)

Viva Brand Towels or comparable/rags

Fixative Spray (for graphite and/or pastel)

Knead Eraser

**Be Happy! Be Cool! Be Comfortable!**  
**Always wear old clothing/apron to class!**

