

## CLASSES AT FAIRCHILD SUPPLY LIST

### **PAINTING & DRAWING PORTRAITURE: MADE SIMPLE**

**Instructor: Carlos Gallostra**

This workshop is designed for all levels, so come join us and take your skill set in painting and drawing further under the direction of Carlos Gallostra. In this workshop, you will be introduced to a step-by-step process that facilitates capturing the portrait from the initial contour to the fully rendered form. Working with just a simplified palette of four pigments, graphite or charcoal, students will learn how to develop a wide spectrum of hues and values. Topics discussed will range from ideas on observation, measurement, color and value as well as techniques meant to finalize the turn of form. Through in-depth investigation, the students will employ a personal approach aimed towards capturing the essence of a friend and loved one.



### **BIOGRAPHY:**

**Carlos Gallostra** is a representational artist whose practice has been shaped under numerous celebrated mentors in the U.S. and Italy throughout the years. Carlos holds a B.F.A. from the prestigious New World School of the Arts (NWSA) of Miami, as well as an M.F.A. and an M.S. from the Pratt Institute of New York. In addition, he has furthered his studies at various ateliers, academies, and museums throughout the U.S. and abroad. Carlos has collectively taught visual arts for the past 15 years at numerous institutions, including the NWSA, the University of Miami, and the Fairchild Botanic Tropical Garden as well as worked privately with many students. Next to crafting his personal work, Carlos takes great joy in imparting ideas, approaches, and helping his students find their voices in the visual arts.



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SESSIONS SCHEDULE

WEEK 1

Introduction and overview of the portrait study.  
Develop the envelope and basic structural drawing of the reference.

WEEK 2

Continue and finalize contour.

WEEK 3

Start development of block in – first pass.

WEEK 4

Continue to develop block in.

WEEK 5

Move towards rendering – second pass.

WEEK 6

Continue rendering.

WEEK 7

Continue to desired finish.



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### **WORKSHOP MATERIALS**

Source Image:

The subject – person – should be a personal choice: Family, friends, or self.

The composition is very important – consider a three-quarter or frontal perspective. The lighting is also very important – employ a spot light directly on the subject to emphasize shadows, form light, and overall turn of form. Keep the focus on the person and avoid any distractive elements in the background; best to stage the person in front of a neutral wall or textile – keep it simple.

You will be working from a high-resolution – 300 DPI – photographic PRINTED reference. A digital reference may be used at a later point. Clarity of image is critical. Avoid blurred or highly contrasted finishes to the image. You want the best possible quality for your reference always.

Dimensions for the printed reference should be no less that 8x11 inches and not exceed 11x17 inches.

FED-EX Centers provide high quality prints. Look into 32 Executive stock and finish, which provides a high brightness and quality as a potential option.

**STRONG REFERENCE:**



Foreground in focus  
Portrait cropped accordingly  
Crispness to foreground  
Clarity of figure – spotlighted

**POOR REFERENCE:**



Foreground conflicts with background  
Portrait not cropped accordingly  
Blurred overall  
No clarity – figure obscured by shadow



FAIRCHILD TROPICAL BOTANIC GARDEN

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**Please choose painting or drawing materials for your sustained 7 session project.**

### WORKSHOP MATERIALS: PAINTING

#### OIL BASED PIGMENT

**Paint Pigment Brand Recommendations:** Utrecht, Blick, Lukas, Winsor & Newton, Gamblin, Old Holland, Sennelier or Michael Harding

#### Four Pigments:

**Yellow Ochre    Vermillion    or Cadmium Red Medium    Vine or Ivory Black    Flake or Titanium White**

**Additional Pigments – Optional:** Hues such as blue, violet, magenta, etc., will be rather impossible to attain with the palette of four pigments. You are more than welcomed to add additional pigments to your palette.

**Medium:** 2.5 oz Walnut Oil or Refined Linseed Oil

**Solvent:** 1 Quart Odorless Turpentine – Odorless Turpenoid or Gamblin Odorless Gamsol

**Containers:** A small glass/metal jar for oil medium and either a Stainless Steel Sealable Brush Washer or Glass Jar w/ coil brush cleaner for Solvent

**Cleaner:** Fast clean – Detergent/Soap OR Richeson – Jack's Linseed Studio Soap  
\*\*\*\*\*Brushes & tools to be cleaned outside of classroom\*\*\*\*\*

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#### WATER BASED ALTERNATIVE PIGMENT

For those who require an alternative to oil based pigments, consider water based alternative brands such as: **Cobra, Winsor & Newton, Lukas, or Holbein**

**Medium: Water mixable oil medium – Recommended Winsor & Newton**

**NOTE: Solvents are not required for water-based alternative**

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#### ACRYLIC

For those aiming to explore alternative to oil based pigments altogether, consider acrylic media. Brands such as: **Golden, Liquitex, Winsor & Newton, Lukas, or Holbein**

#### Medium:

Acrylic – Retarder (highly recommended)

Acrylic – Gloss or Matte Medium (optional)

Acrylic – Modeling Paste Extender for Impasto (optional)



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**NOTE: Solvents are not required for these alternative pigments**

### Palette Options:

- a) Large Clear Plastic/Glass palette (or a picture frame) is highly recommended. It can be self-contained in BLUE OR RED MASTERSON AIR TIGHT SEAL container; please avoid the small palettes and particularly, the yellow palette w/ container! You want a comfortable scale to accommodate all the “math and mixing”!
- b) Large Disposable palette.

**Palette Knife:** 3 inch flexible Metal Trowel Style with narrowed and rounded tip

**Optional:** If you will mainly be applying paint with palette knives, consider investing into additional shapes and sizes – variety provides a variety of marks.

**Brushes:** Long Handled Rounds, Flats, Fans, & Filberts in range of sizes (#2 to #12). Natural Bristle or Synthetic Blend. Look into brush sets or mix/match.

**Surface:** Primed stretched canvas or board – size range starting at 11x14 inches to 16x20 inches

### A few more things:

Portable box/container for materials	Viva Brand Towels or comparable/rags
Graphite 2b Pencil	Fixative Spray
Sharpener	Knead Eraser
Tombow Mono Zero Eraser (round)	

### Portable Easel Suggestions:

SoHo Brand:	Sketch Box Table Easel
Creative Mark Brand:	The Van Gogh Wood Table Top Easel
Mabef Brand:	Table Easel M-14



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### WORKSHOP MATERIALS: DRAWING

#### Recommended for Beginners:

Set of Graphite Pencils ranging at least from 4H to 6B  
Recommended Brands: Staedtler, Faber-Castell or Raffine

Knead Eraser, White Block Eraser, and Tombow Mono Zero Eraser with Refill – round point

Strathmore - 400 Series Drawing White Paper Pad – 18x24” or Single Sheet Alternative

Drawing Board sized to accommodate paper substrate

Workable Fixative Spray

Sandpaper Sheet or Sandpaper Block

Small Paint Brush – Bristle Hair Round

Paper Stumps

Sharpener

Ruler

Artists Masking Tape

Supplies Container – A general box will do.



**WORKSHOP MATERIALS: DRAWING**

**Recommended for Advanced:**

Vine charcoal sticks – Soft, Medium and Hard  
Suggested brands: Nitram, Winsor & Newton or equivalent.

Or

Generals charcoal pencils – Soft, Medium, and Hard

White chalk pencil

Knead Eraser, White Block Eraser, and Tombow Mono Zero Eraser - round

At least 2 sheets of toned paper – 18x24/26” – any off white color: tan, cream, buff, gray, etc.  
Suggested brands: Canson, Strathmore, Fabriano or equivalent.

Drawing Clip Board sized to accommodate paper substrate

Artists masking tape

Workable Fixative Spray

Sandpaper Sheet or Sandpaper Block

Small Paint Brush – Bristle Hair Round

Paper Stumps

Sharpener

Ruler

Supplies Container – A general box will do.

**Be Happy! Be Cool! Be Comfortable!**  
**Always wear old clothing/apron to class!**

