

## CLASSES AT FAIRCHILD SUPPLY LIST

### **OPEN STUDIO: FROM PORTRAITS TO FLORALS**

**Wednesdays from 10am to 1pm (3 Hours)**

**Instructor: Carlos Gallostra**

Share and get creative along with other fellow artists under the guidance of Carlos Gallostra in our seven-day Open Studio: From Portraits to Florals. Designed for beginners and seasoned artists alike, this painting and drawing workshop encourages you to bring to life your own specific projects. Whether working representationally and/or abstractly, you will be able to advance your concepts effectively through tailored mentoring and critiquing. Every type of drawing and painting media is welcomed! Topics discussed will range from ideas on observation, measurement, color mixing, expressive mark making and conceptual narrative. Through in-depth investigation, the students will employ a signature approach towards crafting their own masterwork.



### **BIOGRAPHY:**

**Carlos Gallostra** is a representational artist whose practice has been shaped under numerous celebrated mentors in the U.S. and Italy throughout the years. Carlos holds a B.F.A. from the prestigious New World School of the Arts (NWSA) of Miami, as well as an M.F.A. and an M.S. from the Pratt Institute of New York. In addition, he has furthered his studies at various ateliers, academies, and museums throughout the U.S. and abroad. Carlos has collectively taught visual arts for the past 15 years at numerous institutions, including the NWSA, the University of Miami, and the Fairchild Botanic Tropical Garden as well as worked privately with many students. Next to crafting his personal work, Carlos takes great joy in imparting ideas, approaches, and helping his students find their voices in the visual arts.



FAIRCHILD TROPICAL BOTANIC GARDEN

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## PAINTING STUDIO: FROM PORTRAITS TO FLORALS

### WORKSHOP MATERIALS

If you are using a reference image for portrait, landscape, object, etc:

The subject – person or object – should be a personal choice: Family, friends, or yourself! Blossoms or landscapes!

The composition is very important – for example, consider a three-quarter or frontal perspective for a figure. The lighting is also very important – employ a spot light directly on the subject to emphasize shadows, form light, and overall turn of form. Sunlight is your friend! Keep the focus on the person/object and avoid any distractive elements in the background.

You will be working from a high-resolution – 300 DPI – photographic PRINTED reference. Please avoid actual photographs, use copies instead. A digital reference may be used at a later point. Clarity of image is critical. Avoid blurred or highly contrasted finishes to the image. You want the best possible quality for your reference always.

Dimensions for the printed reference should be no less than 8x11 inches and not exceed 11x17 inches.

FED-EX Centers provide high quality prints. Look into 32 Executive stock and finish, which provides a high brightness and quality as a potential option.

#### STRONG REFERENCE:



Foreground in focus  
Portrait cropped accordingly  
Crispness to foreground  
Clarity of figure – spotlighted

#### POOR REFERENCE:



Foreground conflicts with background  
Portrait not cropped accordingly  
Blurred overall  
No clarity – figure obscured by shadow



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## WORKSHOP MATERIALS

Selection of recommendations for a wide range of painting and drawing media.

### OIL BASED PIGMENT

**Paint Pigment Brand Recommendations:** Utrecht, Blick, Lukas, Winsor & Newton, Gamblin, Old Holland or Michael Harding

**Essentials:**

Cadmium Yellow Medium  
Lemon Yellow  
Yellow Ochre  
Cadmium Red Medium  
Alizarin Crimson Red  
Ivory Black

Ultramarine Blue  
Prussian or Pthalo Blue  
Pthalo Green  
Quinacridone Red  
Dioxazine Purple  
Titanium White

Burnt Umber  
Raw Umber  
Burnt Sienna  
Raw Sienna

You are more than welcomed to add more pigments to this selection.

**Medium:** Walnut Oil or Refined Linseed Oil inside small sealed container.

**Solvent:** Odorless Mineral Spirits – Gamsol inside small sealed container.

**Cleaner:** Basic clean up – Detergent/Soap OR Richeson – Jack’s Linseed Studio Soap  
\*\*\*\*\*Brushes & tools to be cleaned at home\*\*\*\*\*

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### WATER BASED OIL ALTERNATIVE PIGMENT

For those who require an alternative to regular oil based pigments, consider water based oil alternative brands such as: **Cobra, Winsor & Newton, Lukas, or Holbein**

**Medium:** Water mixable oil medium – Recommended Winsor & Newton

**NOTE:** Solvents are not required for water-based alternative

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### ACRYLIC

For those aiming to explore alternative to oil based pigments altogether, consider acrylic media. Brands such as: **Golden, Liquitex, Winsor & Newton, Lukas, or Holbein**

**Medium:** Acrylic – Gloss or Matte Medium (optional), Retarder (recommended)

**NOTE:** Solvents are not required for these alternative pigments – only water.

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### WATERCOLOR AND/OR GOUACHE BASED PIGMENT

Watercolor Pigment – Formats: Tubes or Pans. Basic set of 12 or greater. Winsor & Newton, Holbein, Derwent or Sennelier are good choices.

Mediums: Masking fluid  
Blending Medium

Paper selection - Strictly for watercolor and color pencil paintings:

**140 lb or greater.** Hot-pressed paper – smoother surface or Cold-pressed paper – textured surface

Small assorted selection of Round and Flat format brushes – size ranging from 0 to 12.

Small Sponge, Water jar container and a Watercolor palette

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**Large Glass/Plastic palette or Disposable Palette – Avoid small sizes.**

**Palette Knife:** 3 inch Trowel Style with narrowed and rounded tip

**Brushes:** Long Handled Natural Bristle or Synthetic for Oil/Acrylic

Minimum of three Bright or Flat #6, two Round #2, and one Fan #3 – sizes vary by brand, so match closely. Look into brush sets or mix/match. Utrecht Manglon or Utrecht Tuscan are good.

Short Handled Natural Bristle/Synthetic for Watercolor/Gouache

**Surface:** Prime Stretched Canvas or Panel Canvas for Oil/Acrylic

### SOFT PASTEL

Soft Pastel: Brands – Conte a Paris, Sennelier, Blick, or Rembrandt (Assorted Colors)

\* Consider pastel sticks, pencils, or combination of both.

Sanded Pastel Paper or Panel

\* Blick Art offers single paper sheets in cream neutral tone. Can be cut to desired sizes.

Drawing Board for Paper – Appropriate to size of drawing(s) expected and to easel, if it will be used to present surface with paper.

Small Sponge Blenders

- Blick Art has these in different sizes/quantities next to the soft pastels



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Fixative Spray

### **GRAPHITE, CHARCOAL, INK AND COLOR PENCIL**

Graphite Set of Pencils 4H to 6B: Brands recommended – Staedtler, Raffine, Caran d’Ache or Faber-Castell

Charcoal – Charcoal Set (vine/ pencil charcoal, white chalk, eraser, stumps, etc.) Brands: Generals, Cretacolor, etc.

Ink – Ink Drawing Pen Set – Brands: Sakura Micron Pen or Copic Multiliner

Color Pencil – Color Pencil Set – Brands: Prismacolor, Faber Castell, or Caran d’Ache

Drawing Paper Pad – Any scale preference

Drawing Board for Paper – Appropriate to size of drawing(s) expected and to easel, if it will be used to present surface with paper.

Mono Zero Eraser Round, Knead Eraser, Fixative Spray, Sandpaper Block (for Graphite and/or Charcoal)

### **Portable Easel Suggestions:**

SoHo Brand:

Sketch Box Table Easel

Creative Mark Brand:

The Van Gogh Wood Table Top Easel

Mabef Brand:

Table Easel M-14

### **A few more things:**

Portable box/container for materials

Viva Brand Towels or comparable/rags

Graphite 2b Pencil

Fixative Spray

Sharpener

Knead Eraser

Tombow Mono Zero Eraser (round)

Color Wheel Graph

**Be Happy! Be Cool! Be Comfortable!  
Always wear old clothing/apron to class!**

