

| THINGS TO DO |

The 19 Best Things to Do in Miami This Week

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Lace up for Miami Beach Bandshell's Beach Skate Roller Disco on Tuesday, July 4. Rhythm Foundation photo



Saturday, July 8

Take fitness to another level at **CycleFest Miami**, which promises to be more of a party than another boring workout. Hosted by CycleBar Miami, the event at Oasis Wynwood will have more than 90 bikes for guests to take part in the fun and break a sweat. There will be three different classes, each led by four instructors, ensuring you get the best results from your workout. Plus, a live DJ will take the reins of the exercise music set list, making this the ultimate workout. *8, 9, and 10 a.m. Saturday, at Oasis Wynwood, 2335 N. Miami Ave., Miami; oasiswynwood.com. Tickets cost \$70 via eventbrite.com. Sophia Medina*

It ain't officially mango season until Fairchild Tropical Botanic Garden hosts its annual **Mango Festival**. Featuring a star-studded lineup of chefs, the event celebrates more than 400 varieties of mangos in the garden's collection. Chefs on the lineup include Allen Susser, Jeremy Ford, Niven Patel, Cindy Hutson, and Michael Schwartz. Throughout the weekend, you can enjoy cooking demos, mango tastings, lectures, food vendors, and the signature mango brunch. *10 a.m. to 5 p.m. Saturday and Sunday, at Fairchild Tropical Botanic Garden, 10901 Old Cutler Rd., Coral Gables; 305-667-1651; fairchildgarden.org. Tickets cost \$12 to \$25; admission is free for members and children 5 and under. Jose D. Duran*