



Watch "6 in the Mix," NBC 6 South Florida's Lifestyle and Entertainment Show, weekdays at 11:30 a.m.



6 IN THE MIX · 21 HOURS AGO

**Fabulous Food: Fairchild
Tropical Gardens + Mangos
= Bliss**

It's a food that is a South Florida staple – now, you have a chance to make a delicious meal that is light and refreshing for the summer but filling for any meal.

